
FREEDOM ACROBATICS

News and Upcoming Events

Summer 2016

- Congratulations -

Trinity Smadello, Mary Coates and Kaileigh O'Hanley will be representing us at the BC Summer Games July 21st - 24th. It takes place in Abbotsford this year so let's go cheer them on!

- Fundraising -

Over the next year or so the club would like to be able to get a mechanical barrel. If anyone has any ideas or would like to organize a fundraiser please email the club to let us know at freedomacro@yahoo.ca

- Save the Date -

BC Heritage Games - July 8th -10th

BC Summer Games - July 21st - 24th

Summer Break - Aug 29th - Sept 5th

Freedom Acrobatics Fall Fest - Sept 10th

Canadian National & BC Provincial Championships - Oct 7th - 9th



BC Heritage Games

July 8th - 10th, Maple Ridge



What is BC Heritage?

BC Heritage is a provincial program designed to showcase the diverse riding disciplines across British Columbia. Horse Council BC supports community horse clubs, and encourages riders, coaches and breeders to achieve personal success while having fun at competitions at an introductory or grassroots level.

BC Heritage is an affordable competition that promotes and encourages participation and develops riding skills. Go western, english, hunter, hack, jumper, dressage, vault and drive! Any breed of horse and competitors of all ages and skill levels can participate in the qualifiers and be a part of BC Heritage.

To qualify for the 2016 BC Heritage Championships – competitors must compete at a minimum of two (2) BC Heritage Qualifier competitions.

Summer Training

Yes we do train in summer!!!! Yes, your commitment to your squad is important through these months. Please try to plan vacations to miss as few practices as possible! You need to inform your coach if you plan to miss a squad practice. Summer Break (no lessons this week) will be August 29th - September 5th.

New Beginner Squad Opportunity

If your child is interested in seeing what being part of squad is like the club is putting one together to train over the summer and attend Fall Fest in September and Provincials in October. Try outs are on July 4th, please speak with Alisa for information and to register.

Fueling the Young Athlete

Rebecca is organizing a social health group for any of the vaulters ages 10+ to talk about nutrition, physical literacy, goal setting and cross training for the developing vaulter. There is no extra fee for this, other than the cost for any day trips we may go on. The first meeting will be June 26th at 2:30. This is also a good opportunity for team bonding, so make sure you sign up! Email freedomacro@yahoo.ca to let Rebecca know and get more details.

Salad Workshop

Thank you to Shawna for hosting the salad jar workshop, it was delicious and fun! Missed out? Don't worry, we are planning another, so stay tuned!

